

# Help your Child Succeed in School:

**Build the Habit of Good Attendance Early** 



Accessing learning opportunities regularly helps children feel better about school and themselves. Start building this habit in early grades so students learn that it is important to participate every day. Eventually, good attendance will be a skill that will prepare them to succeed.

Attending school

regularly aids in foundational healing by providing students' minds and bodies with

> structure and consistency.

- Missing 10%, or about two days each month over the course of a school year, can make it harder to learn to read.
- · Students can still fall behind if they miss just one or two days every few weeks.

## COMMUNICATE WITH THE SCHOOL

- Contact your student's teachers and let them know how to reach you.
- Practice logging in to virtual classes and make a plan for supporting your child's learning. Contact the school if you need help logging in.
- Know the school's attendance policy and the consequences for absences.

## MAKE SCHOOL PARTICIPATION A PRIORITY

- Monitor your child's attendance and participation and contact the teacher to address any concerns.
- Get and post your child's class schedule and login information in a visible location.
- If your child seems bored or anxious about school, talk to teachers or school staff for advice on how to help your child feel excited about learning.
- Ask for help if you need it. School staff are available to help families access online learning and address other barriers that make it difficult to attend and participate.

# HELP YOUR CHILD STAY HEALTHY AND ENGAGED

- Establish routines for bedtime, waking up, and participating in school work.
- Identify a quiet place for your child to do school work and create a schedule.
- Develop back-up plans for logging in to the computer if you can't be there.
- If your child seems disengaged, have a conversation to try to understand what's bothering them and why they are avoiding school. Reach out to teachers or support staff to discuss your student's challenges, identify what can help your child, and develop a plan.



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